



Presentation



ANMAR Young was born on November 2015, during a Step Zero conference. EULAR Young Pare commission helped us making this conference reality and teaching us some skills to create projects for young people with RMD in our country: Italy.

ANMAR Young Group in part of ANMAR, the Italian National RMD People Association since 1985, with inside 18 independent association that cooperate together, with national and territorial institution, to overcome RMD's trouble in health care system and also in other personal aspects (disability, work and social fields).

During the year we promote specific event for our patients: in particular on October, for the WAD we have a demonstration in Rome where people have free screening and

a rheumatological consultation. According to EULAR's spot "Don't Delay, Connect Today" we started to further this kind of events across all our Country, covering mostly of the main square of Italy. Thanks to an Italian scientific society, we can offer on that place presence of rheumatologists, that could give a consultation on a specific and individual health condition.

As a young group we also aim to involve young people both in national and territorial degree. We have been part of some educational performance, trying to involve citizenship in empathy with RMDs, as understanding how some daily actions could be hard for patients.

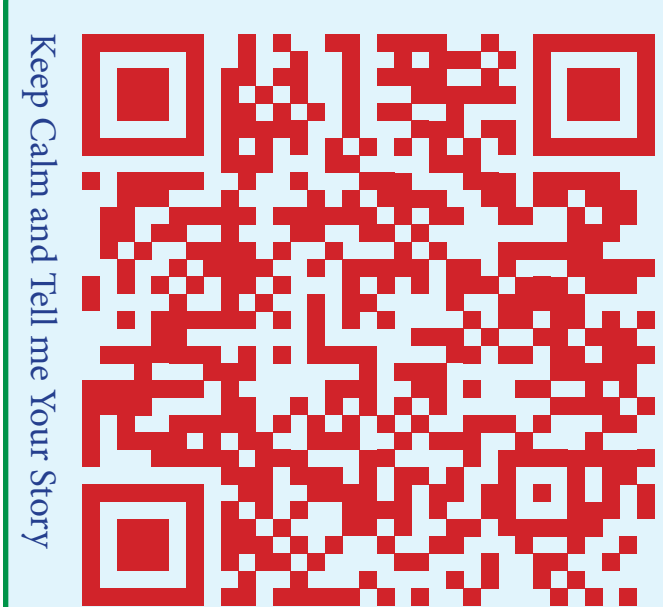
We also show how our volunteers enjoy this group, helping each other not only in medical aspects, but also sharing support on common social and personal issues made by RMDs.

Before being patients we are humans! :)



Contact Card and Facebook Page

Booklet



"Keep Calm and Tell Me Your Story" was the first project we made in 2016. This booklet gather 21 stories of life with RMDs told by Italian young patients exploring their unmet needs, desires and ideas for a better future.

This book was a successful publication! We received loads of email. In all stories everybody could write about every aspect of his life as an RMD's patient. No mention of Hospital, health Doctor and Pharmacy: just your feeling, pain complain and other kind of suffering (especially in social and work context).

We produced about 5'000 copies at the first time, now remain just few hundred ones.

Now that we need more copies we decided to re-open that contest giving the birth of **a second booklet!**

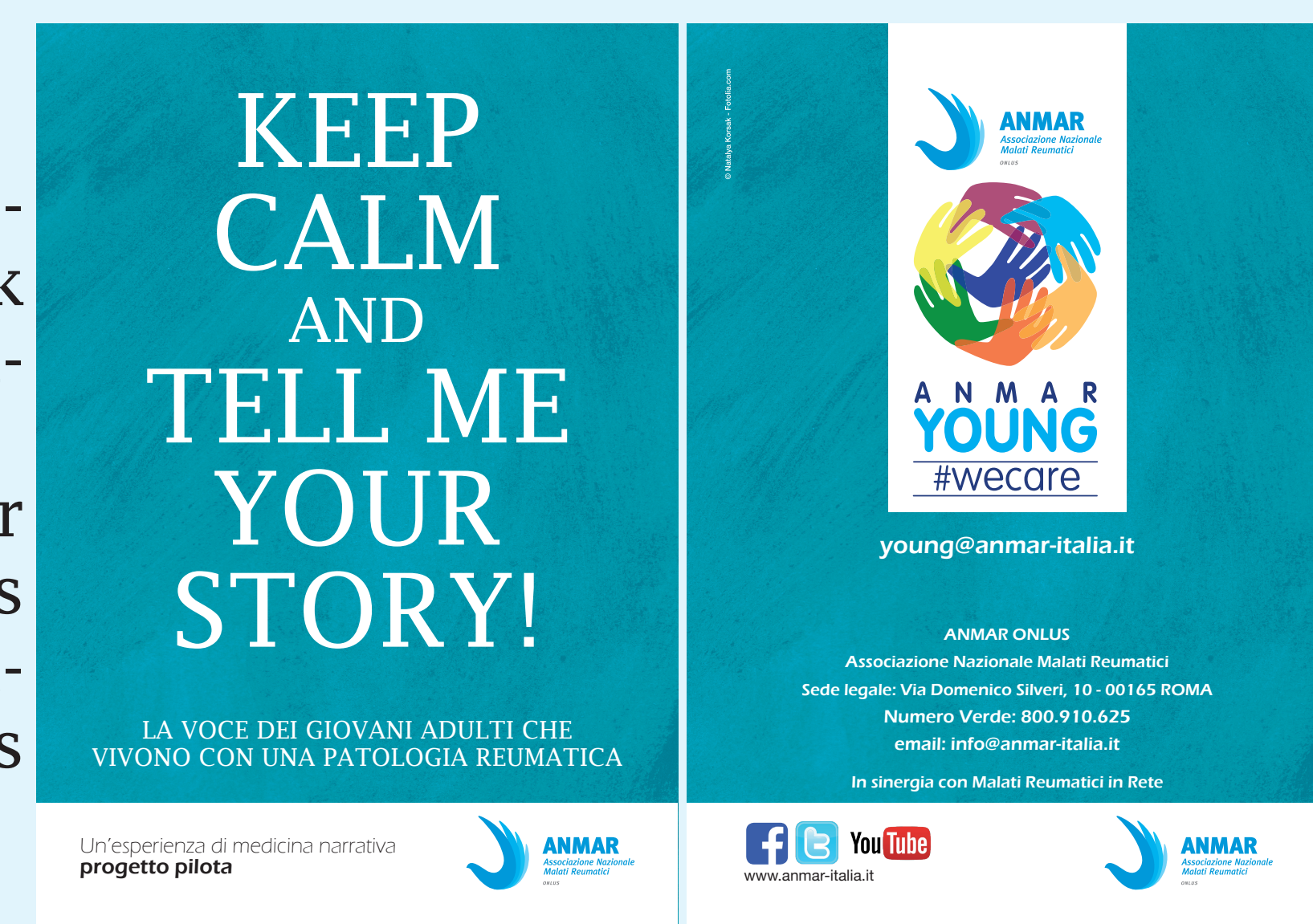
We try to maintain the same purpose, but our aim is to make

this booklet alive, maybe in a public event.

We think that people appreciated so much that kind of project because it give the opportunity to discuss and speak about some trouble we have difficult to share in a conversation with a relative or just a friend.

Every story is anonymous and the book is free access from internet.

We want to find other way in which spreads this opportunity: sharing common hurdles make people feel better!



Human Care

Sensitization in one of the first project we want to achieve!

As previously told we aim to keep in contact people with RMD difficulties, either for who live personally this condition and either whom don't.

We have a volunteer who organised an event in Jesi (near Ancona, central-east Italian coast) with the help of our regional associated Promoter: AMaR Marche.

Francesca made a photo-reportage in which she exposed her hands, foot and body outline.

She aimed to make visible RMD's influence in her body, and also in her life... We can see in the photo attached below how that illness affected heavily her.



Even-thought those drawbacks she also expressed a strength pride and spirit!

She was really brave doing it and all people congratulated her.

Mostly of RMD could impact roughly in personal and social life: not only in joints functionality, but also in outward.

Body Shaming is one of the hardest things a patient live every day: is a common prejudice in whom suffer from arthritis. Also psoriasis made feel worse in social way.

Health care is not only resolved by drugs, but **great part of the aid is made by the psychological way and human feelings**: that's the real achievement we have to belong on the future, as RMD's Association!

